

DENILIQUIN BRANCH

Welcome members.

Just a reminder that the Guest speaker for the month of November is retired Vet **Dr Dan Salmon** with a presentation on the “History of Government Veterinary Services” on Wednesday **November 28th at 2pm**. Look forward to seeing you all there.

**Our last week of activities for 2018 will be the week starting 26 November & the term will finish for 2018 on Friday 30 November 2018.**

**Note: There will be no Meditation class on Wednesday 28th November AND no History class on Thursday 29th November.**

Our co-ordinator Helen Burnham has been busy organising the timetable and guest speakers for next year – thank you Helen.

A big thank you to all our tutors/leaders throughout the year for giving up their time and expertise it is much appreciated.

Copy and paste the ð Christmas Tree emoji:
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**U3A Christmas Party on Wednesday 5th December at 12 midday, please bring a plate of nibblies to share. Following on from the Christmas get-together the Annual General Meeting will be held. All Welcome**

Copy and paste the ð Christmas Tree emoji:
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Recently at the Discussion Group we were asked to bring along something that was precious to you to share with the group and the following article titled “Note to Self” was presented by Pam Thorpe which was passed onto her by her aunt.

Memo to Self

As I grow older, let me be aware of becoming too talkative and wanting to express myself with authority on every subject.

Let me realise that I cannot straighten everyone’s affairs.

STOP! when I hear myself reciting endless detail and let me find “Wings” to get to

the point.

I must tell myself to keep my lips sealed when I am inclined to talk of my aches and pains.

As they have increased, I seem to have savoured the sweetness of talking about them to everyone all the time.

Let me see in myself, that occasionally, I may be wrong in my judgement.

I must remind myself to be thoughtful, not nosey: helpful, but not bossy.

My vast store of wisdom may not want to be heard, even though I feel it is a pity not to share it.

Keep me vigilant because I know that I do need to have at least a few friends at the end.

Thank you Pam.

There is a fountain of youth: it is your mind, your talents, the creativity you bring to your life and the lives of people you love. When you learn to tap this source, you will truly have defeated age.” ― Sophia Loren

Merry Christmas to all.

Gayle Beckton

Publicity Officer U3A