

DENILIQUIN BRANCH

Welcome to the June Newsletter.

Winter is finally here, I hope that everyone is keeping warm. What better way to beat the cold weather (if you are unable to leave Deni for the warmer climate of northern Australia for the winter) why not come on down to a class or two to help alleviate those winter blues and join in with others for some laughs and fun.



**Don’t forget the U3A phone number is 0499839468.**

**Please remember if you do make contact and the message bank is on please leave your name and contact number for your call to be returned.**

**PATHWAYS TO DENILIQUIN SPEAKER FOR MAY.**

Our Pathways speaker for the month of May was Martin Wilmshurst.

Unfortunately I do not have a photo of our Pathways speaker for May, my apologies.

**GUEST SPEAKER FOR MAY 2019.**

**Our guest speaker for the month of May was Kellie Crossley from the Deniliquin Branch of Can Assist.**



Pictured: President Alison Wilson with Kellie Crossley from Can Assist.

**School holidays:**

**Term 2 – last day of term is July 5th and Term 3 commences 22nd July, 2019.**

**Course Information:**

**There will be no Armchair Travel on Monday July 1st.**

**Then Armchair Travel will be in recess until Term 4.**

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**MAH-JONG is in short recess at the moment & will resume in Term 3. Thursday is still the allocated day but if there is enough interest shown for another day then it may be changed.**

**PLEASE let Helen Burnham know if you are wishing to attend Mah-jong as we would like to keep the course running.**

**BOOK CLUB:**

**Book club meets the first Thursday of the month at the Library from 10 am – 11am.**

**The leader is Alison Wilson**

**Alison has provided the following dates & books that will be on the list to read below:**

**July “Her Fathers Daughter” by Marie Sizun.**

**August “Maestro” Peter Goldsworthy.**

**September “A Diamond In the Dust” Frauke Bolton-Boshammer.**

**October “The Pearlers Wife” by Roxane Dhand.**

**November “Remarkable Creatures” by Tracy Cheavalier.**

**If you are interested you are more than welcome to join in with the other members for discussion of these wonderful books.**

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**DATES FOR YOUR DIARY**

**Guest speakers:**

**June 26** – Rob Brown – Family Wealth Planning

**July 24** – Ian & Anne McAtamney – Dentistry in the Outback

**August 26** – NSW Police – Safety/Home Security.

**Pathways to Deniliquin speakers:**

**July 4 –** Cathy Cleary

**Aug 8** – Field trip (Ute Muster Site) – as at time of composing this newsletter this date is yet to be confirmed.

**Sept –** Anne Apedaile

**INTRODUCING YOUR COMMITTEE MEMBERS:**

**Jan Renwick** – Jan is a long term resident of Deniliquin. Jan is passionate about the environment and sustainability; keeping healthy, well-being and loves the community of Deniliquin. When I asked Jan for some information she provided me with information about Tai-Chi of which is another of her passions.

Did you know that Tai-Chi promotes optimal health & well-being, increase flexibility, improves & maintains balance, improves muscle-strength conditioning, boost heart health, lowers stress, anxiety & depression, helps improve focus.

So why not join Jan in her popular class of Tai-Chi whether you are a beginner and a regular in this class you will find it an enjoyable and fun class where you will be contributing to your own mental health and well-being.

**Airlie Circutt** - joined U3A when she moved to Deniliquin 5 years ago. Her passion is attending Jan Renwick's Tai Chi classes & was a very enthusiastic member of the Mahjong group. Airlie served on the Committee as Secretary for 12 months & now enjoys being on the general committee.

Born & raised in Sydney, studied for a BA in Fine Art at the National Art School & then married & moved to a sheep & cattle station on the Lachlan River on the mighty Hay Plains.

Airlie has been involved in numerous organisations including the Isolated Children's Parents Association, various school P & C's, Rotary as International Service Director, an elected member of the Hay Shire Council, through which she had various delegations including the oddly named NSW Police Customer Service Council, inaugural Board member of Shear Outback, the Shearers Hall of Fame, South West Arts/Outback Theatre for Young People & was a delegate to numerous community organisations.

Airlie says she loves living here, it's a really wonderful community & has been incredibly lucky to reconnect with old friends & make new ones. She says that moving here was one of the best decisions of her life.

**Helen Thompson** – Helen is the Vice President of Deniliquin U3A.

Helen was born into the Jasper family & grew up on a farm at Thyra, about 60km south of Deniliquin. Her primary education was at a one teacher school & secondary was one year at Echuca High School & the rest boarding in Albury & Melbourne. Three years of Teacher Training in Bendigo followed then marriage to John in 1969. They lived in Deniliquin, & Helen taught at George Street, until moving to Leeton in August 1970.

A busy 20 years of having a family & working followed until the move back to Deniliquin in 1991. In 2004 Helen became a student again & retrained as an Itinerant Hearing Teacher. Now, having made it to retirement, she is enjoying having the time to do things other than teach, although still dabbling in that a little. U3A, family, grandchildren, church, travel & many other community activities are keeping John & Helen busy & fulfilled during these ‘golden’ years!

Thank you to Jan, Airlie & Helen.



**Bit of Useful Information:**

Did you know that Deniliquin U3A now has **95 financial members** and 7 tutors who give their time freely which is very much appreciated. Is this record number of financial members does anyone know????

If you know of someone new to town or a neighbour/friend who may be interested in any of our courses please let them know about U3A and the benefits of being a part of a wonderful organisation.

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**Inaugural Regional Forum**

President Alison, Secretary Gill & Vice President Helen attended this meeting in Wagga Wagga on Wednesday 12th June.

The meeting was led by Lourene Mulcahy, Vice President of U3A Network NSW, & hosted by Wagga U3A at the Erin Earth complex. 43 members from the U3A’s of Wagga, Leeton, Griffith, Hilltop, Gundagai, Cootamundra,ACT & Deniliquin were in attendance.

Valuable information regarding insurances, copyright, licences & the constitution was present & discussed at a practical level. All clubs will need to address these matters with guidance from the next e-Bulletin.

Greg Brown from Leeton U3A was elected as the new Regional Representative for Murray/Murrumbidgee. He replaces Allan Haggarty from Griffith.

It was resolved to hold Regional meetings every twelve months. The meeting ran to schedule finishing at 12.30pm & was followed by a delicious lunch & great fellowship.

***Age is just a number. It's totally irrelevant unless, of course, you happen to be a bottle of wine. Joan Collins***

Gayle Beckton

Publicity Officer U3A