



THE UNIVERSITY OF THE THIRD AGE

DENILIQVIN BRANCH

Welcome to the November newsletter.

Not long now until Christmas how many sleeps and who is counting?

Please mark these dates in your diary and/or calendar.

Guest speaker for the month of November is retired Vet **Dr Dan Salmon** with a presentation on the "History of Government Veterinary Services" on Wednesday **November 28th at 2pm.**

Our guest speaker for the month of October was Sue McMillan who spoke on her travels and experiences with "Sing Australia"



President Alison Wilson & guest speaker Sue McMillan.

Our last week of activities for 2018 will be the week starting 26 November & the term will finish for 2018 on Friday 30 November 2018.



U3A Christmas Party on Wednesday 5th December at 12 midday, please bring a plate of nibbles to share.

Annual General Meeting will be held after the Christmas party festivities. All welcome.



Have you tried some new classes or are you considering attending another class that appeals to you?

You are welcome to attend as many classes as you wish.

The **Walking Group** meets at the Memorial Park Water Tower on Tuesday mornings at 10 am led by Dorothy Reidy, please bring a hat, sturdy walking shoes and water.

Tai Chi Class Mondays 9.30 – 10 am & then continuing on from 10 – 11am, with Tutor Jan Renwick. If you are new to Tai Chi then please come along at 9.30 for a short class and then why not stay on till 11am, with the regular Tai Chi attendees.

Recently committee member John Waters wrote to the Editor of the Pastoral Times and I have taken the liberty of copying John's letter.

U3A a great social outlet

Dear Editor,

Regarding coverage of U3A in the October 12th Pastoral Times, first thank you.

For the last two years I have been going to Intereach for two U3A classes, and I must say I highly recommend it for men and women who want to get out socially and keep the mind active.

After all, taking part in a word game for instance would be more sociable than filling in a crossword at home.

We do have a discussion group which keeps away from political and religious issues that also lets us share one another's ideas with the up to date topics discussed challenge enough.

I think we all need to get out, men especially.

So don't hang back, even if you may think you know it all.

Men and women need to develop mentally even as we age, and I think that health benefits seem to go with an active mind.

I understand that anyone joining U3A can have a new activity with like-minded people, if someone can be found to lead.

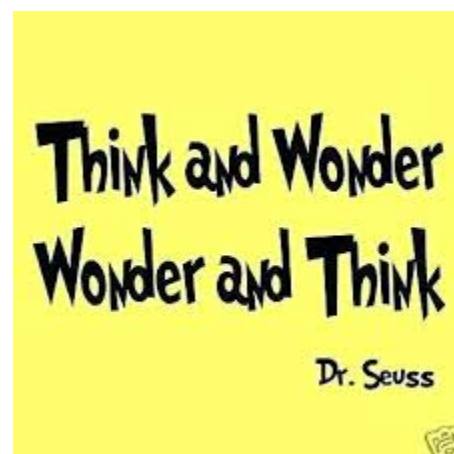
Yours etc.

John Waters

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Remember if you have any suggestions for new classes please contact our Course Co-Ordinator Helen Burnham on 0400110749 as she is always looking for new ideas.

Hope to see you all at U3A Christmas Party on the 5th December 2018.



Gayle Beckton

Publicity Officer

